

Minutes
Bexar Senior Advisory Committee Meeting
Friday, November 13, 2009 – 10:00 a.m.
Al J. Notzon III Board Room
8700 Tesoro Drive, Suite 100
San Antonio, TX 78217-6228

Members Present

Sharon Baughman
Julia Castellano-Hoyt
Elsa Davis
Ed Dylla
Ruth Garcia
Victor Garcia
Pattie Gunter
Milo Hoenscheid
Laurin Lee Jimenez, Co-Chair
Ruth Lofgren
Donald Moye
Dean Murphy
Sterling Neuman
Nancy Rheams
Marolyn Stubblefield
J. Elaine Talarski
Valerie Taylor
Lucille Wohlfarth
George A. Walton, Chair

Members Absent

Chris Alderete (exc.)
Jana Cragg (exc.)
Barb Dampman (exc.)
Brenda Dever-Armstrong (exc.)
Yolanda Dickson (exc.)
Ruth Jones-McClendon (exc.)
Ida Kenny, Emeritus
Ernie Lopez
Barry Muth
Victoria Palm
Jimmy Toubin
Dorothy Jo Weiss (exc.)

Staff Members Present

Nick Monreal
Gale Murden
Martha Ramirez
Martha Spinks
Paula Wanken

Alternates Present

Sue Bell
Alice Rose Kennedy
Sue Ellen Lewis
Beth Nixon for Chris Alderete
Marge Reyna for Ruth Jones-McClendon
Steve Saldana for Barb Dampman

Guests Present

1. Meeting Called to Order by George Walton – Chair.
2. Roll Call by Ruth Garcia – Secretary. A quorum was established.
3. There were no citizens to be heard.
4. The Minutes of October 9, 2009 were reviewed. Upon review and consideration and no discussion, Steve Saldana made a motion for approval; Sharon Baughman seconded; with no further discussion, the motion carried.

5. Chairperson's Report – George Walton.

- George attended, along with Martha Spinks and Martha Ramirez, the Weinberg Grant Steering Committee meeting November 12, 2009. George would like to invite Carol Zernial, of WellMed, to attend a future meeting of BSAC to provide a presentation on what the grant partners are doing for caregivers.
- Vice-Chair Laurin Lee Jimenez also gave an update on the BSAC Retreat. A “save the date” memo has been distributed to everyone. The January 8th BSAC meeting will be held off-site with an extended agenda, at Villa de San Antonio; 8103 N. Hollow, San Antonio. More information will be distributed once the Retreat work-group meets again to finalize the schedule.

6. Director's Report – Martha Spinks, Bexar AAA Director, reported on the following:

- November is National Family Caregiver Month. On November 7, 2009, Martha Spinks and Nellie Garay (Bexar AAA Caregiver Support Specialist) participated in a KKYX radio talk show about family caregivers. November 18, KLRN is sponsoring a luncheon—this will be the first year for this event, but hope to have this as an annual event—celebrating family caregivers.
- In October, the ACOG Board of Directors approved for membership in ACOG a committee for senior transportation. Martha Spinks will pass along updates as the committee formulates bylaws and committee membership. This committee will be focusing on and advocating for transportation for seniors. (Sterling Neuman suggested that this transportation committee make regular reports to the BSAC, just as the Alamo Service Connection Steering Committee. Martha Spinks and George Walton agreed to take that under advisement.)
- Bexar AAA and Alamo AAA will be co-hosting a workshop on December 3, 2009, as a follow-on to the Livable Communities workshop in June. The purpose of the meeting in June was to talk about livable communities and what the concerns are in Bexar County. The purpose of this next workshop is to bring people from Northwestern University to teach Asset-Based Community Development (ABCD), which is a way of taking into account the resources and the potential partnerships in the community to begin to address specific areas of livable communities. The workshop will be 9 a.m. – 4 p.m., and the faculty from Northwestern University will be providing a toolkit and an assignment to walk away with, and will come back in January for a follow-up workshop for a status check and provide instruction on how to apply everything learned in the workshop.

7. Subcommittee Reports:

A. Access and Assistance – the subcommittee did not meet since the last BSAC meeting; however, Martha Ramirez reported on the following.

- Alamo Service Connection is in the midst of advertising for a new position: ASC Lead Specialist. This individual would oversee the benefits counselors and volunteers.

- Alamo Service Connection is also in the process of training two newly-identified benefits counselor volunteers.

B. Allocations and Monitoring – no report.

C. Family Caregiver Support – Nancy Rheams reported.

- The ACCESS subcommittee (through Seniors 2000) distributed a survey for caregivers, receiving 10 out of 50. Pride PHC has agreed to also distribute the survey to their clients. During the coming months, the subcommittee will be building a database to see what the outcomes of the surveys and will then evaluate and identify the barriers.
- The AWARENESS subcommittee is still working on their flier on “How to get the help you need”, which they will be distributing in hospitals, physician’s offices, nursing homes, home health providers, attorneys, etc.
- The Family Caregiver Support Subcommittee would be interested in getting additional members if anyone is interested.

D. Information, Special Events – no report.

E. Long Term Care Services – Donald Moye presented report as written, highlighting the following:

- Congratulations to BSAC member and Chair of the Long Term Care Services subcommittee, Victoria Palm, who has been promoted by Trisun Healthcare Corporation to the position of Regional Vice President; while she will remain a member of the Long Term Care Services subcommittee, she asked that subcommittee to appoint Vice-Chair Don Moye to the position of Chair. Valerie Taylor (also a BSAC member) has been asked to serve as the new Vice-Chair.
- The video being produced titled “A Day in the Life of a C.N.A.” is still in production, with input from the Healthcare Consortium members.
- The C.N.A. conference is still on track for the January 9th date. Anyone with direct or indirect dealings with C.N.A.s is encouraged to make time to attend this conference.
- Meetings for November and December of the Long Term Care Services subcommittee are being suspended for the holidays.

F. Nominations/Bylaws and Legislative – Sharon Baughman reported.

- Sharon Baughman made a motion for the following nominations, effective January 8, 2010:
 - New members of BSAC for terms ending December 2012: Larry Dratch, Bob Hultgren, Sue Bell, Sue Ellen Lewis, and Steve Saldana.
 - Reappointment of BSAC members to a second three-year term, ending December 2012: Jana Cragg, Brenda Dever-Armstrong, Yolanda Dickson, Milo Hoenscheid, Dean Murphy, and Marolyn Stubblefield.
 - Nominees as alternates: Jacqueline Robb (for Brenda Dever-Armstrong) and Barb Dampman (for Steve Saldana).

Laurin Lee Jimenez, seconded; with no further discussion the motion carried.

- Sharon Baughman made a motion for the following officer appointments for 2010:
 - George Walton, Chair; second term
 - Laurin Lee Jimenez, Vice-Chair; second term
 - J. Elaine Talarski, Secretary; first termValerie Taylor, seconded; with no further discussion the motion carried.
 - The next item of business for the subcommittee will be to look at the Bylaws to be sure the BSAC is operating within the Bylaws. The Bylaws state that if a member misses two consecutive meetings without prior notification or having their alternate attend, the member is subject to being dismissed from the Committee. If missing a meeting cannot be helped, please be sure to give notification to Paula Wanken prior to the meeting or send your alternate.
8. Alamo Service Connection (ASC) Steering Committee – Sterling Neuman, Chair, reported.
- The ASC Steering Committee did not meet in November. The next meeting will be December 1, 2009.
 - Call Center / Website: both continue to be extremely busy.
 - WellMed is the fiscal agent of the Weinberg Grant, while BAAA is one of the partners in the grant, primarily through ASC. The ASC will be doing a lot of the intake and referrals for the TeleConnect program for caregivers.
 - The marketing team continues to work on a “Case for Giving” to help with the fundraising efforts for the ASC. The team is planning to have a promotional DVD produced that can be used for marketing, as well as added as a video clip to the website.
 - The Committee is also looking at the idea of possibly integrating more formally with the BSAC, rather than a loosely-held collaboration.
 - The ASC Steering Committee continues to look for some additional people to be actively involved in helping move the organization forward.
 - Martha Ramirez also reported that Alamo Service Connection benefits counselors will be focusing on outreach to the community for the duration of the open enrollment period for Medicare Part D; at least one counselor will be in an area of San Antonio every day for presentations and individual appointments. Sue Bell distributed a copy of a newspaper article about ASC written by Vincent Davis. Sue Ellen Lewis suggested that BSAC members write a letter of thanks to Mr. Davis. George Walton agreed and said that he would also sign letter to be sent on behalf of BSAC.
9. Next Meeting Date: Friday, December 11, 2009, 10 a.m. It was suggested that there be a holiday potluck immediately following the December meeting, as has been done in the past. All BSAC members agreed. More information will be distributed by Paula Wanken—but members should plan on bringing an item for the potluck and Martha Spinks will make arrangements for beverages.
10. There being no further business, Steve Saldana made a motion for adjournment, Marolyn Stubblefield seconded; the motion carried.