

Caregiver's Day Out



An Alzheimer's Activity Program

A Division of Catholic Charities

Is now taking registration ... for this unique program that provides "Time Out" for caregivers of a spouse, parent, or older family member with Alzheimer's Disease or Dementia

<p><i>Trinity Lutheran Church</i> 5520 S. Flores</p> <p>Every Tuesday 10:00 am till 4:00 pm</p> <p>Free of Charge</p>	<p><i>Resurrection of the Lord Church</i> 7990 West Military Dr.</p> <p>Every Wednesday 10:00 am till 4:00 pm</p> <p>Free of Charge</p>
<p><i>St Paul United Methodist Church</i> 508 Center</p> <p>Every Thursday 10:00 am till 4:00 pm</p> <p>Free of Charge</p>	<p><i>Our Lady of Angels Church</i> 1214 Stonewall</p> <p>Every Friday 10:00 am till 4:00 pm</p> <p>Free of Charge</p>

? **Requirements:** Must be at least 60 years old, have a doctor's diagnosis of dementia or Alzheimer's, be continent, and able to feed self. An application must be filled out along with an initial interview & evaluation by program staff.

? **Center Offers:** A balanced hot meal & activities by trained staff.

? **Activities Include:** Volleyball, Exercise, Arts & Crafts, Bingo, Monopoly, Dominoes, Sing-A-Longs, Bible Stories and Manicures.

Alzheimer's Association: 1-800-523-2007 or (210) 822-6449

***For more information call Silvia Esparza, Program Director,
at (210) 222-8027 or cell (210) 364-2409.***

Bexar Area Agency on Aging receives funding from the Texas Department on Aging (TDoA). The majority of TDoA's funding is from the Federal Government through the Older Americans Act as well as State General Revenue funds. TDoA Administers the program.



Caregiver's Day Out



Un Programa de Actividades para Alzheimer's

Una Division de Caridades Catolicas

Registrese Hoy! ... para este programa unico que provee "Descanso" para personas al cuidado de un esposo/a, padres, o pariente mayor con Alzheimer's, o Demencia.

<p>Trinity Lutheran 5520 S. Flores</p> <p>Cada Martes 10:00 am hasta 4:00 pm</p> <p>Gratis</p>	<p>Resurrection of The Lord 7990 West Military Dr.</p> <p>Cada Miercoles 10:00 am hasta 4:00 pm</p> <p>Gratis</p>
<p>St. Paul United Methodist 508 Center</p> <p>Cada Jueves 10:00 am hasta 4:00 pm</p> <p>Gratis</p>	<p>Our Lady of Angels 1214 Stonewall</p> <p>Cada Viernes 10:00 am hasta 4:00 pm</p> <p>Gratis</p>

? Requisitos: Tener 60 años o más, un diagnóstico por el Doctor de demencia o Alzheimer's, ir al baño sin ayuda, y alimentarse solo. Llenar una solicitud formal junto con una entrevista inicial y evaluación.

? Ofrecemos: Una comida balanceada y actividades con personal especializado.

? Actividades Incluyen: Volleyboll, Ejercicios, Artes Manuales, Loteria, Baraja, Domino, Canto, Historias de Biblia y Manicure.

Asociacion de Alzheimer's: 1-800-523-2007 o (210) 822-6449

Mayor informacion: llame a Silvia Esparza, Directora al 222-8027 o celular 364-2409.

Bexar Area Agency on Aging recibe fondos de Texas Department on Aging (TDoA). La mayoría de los fondos de TDoA vienen del Gobierno Federal por medio del Older Americans Act así como también del State General Revenue. TDoA Administra el programa.

